

DRIED POMEGRANATE SEEDS

You can get the dried pomegranate seed from us as raw material

or

already as pomegranate seed oil.



POMEGRANATE SEED OIL

Pomegranate seed oil is extremely rich and nutritious oil, which may be used for internally or externally for its cosmetic and medicinal properties. Pomegranate seed extract and juice have been popular lately for their anti-oxidant properties, and pomegranate seed oil is proving to be even more beneficial. Not only does pomegranate seed oil contain high levels of anti-oxidants that fight free radicals and skin aging, but the oil is also a potent source of puniceic and ellagic acids. Because of these properties, pomegranate seed oil is used to heal, protect, and moisturize dry, cracked, mature and irritated skin, bring elasticity back to the skin, and for eczema and other skin problems. If pomegranate seed oil seems expensive, consider that over 200 pounds of fresh pomegranates are used to produce just one pound of pomegranate seed oil! The pomegranate seed oil offered by Paradise Fruit is certified organic and also DEMETER.

Pomegranate seed oils from the Mediterranean region are regarded as the most desirable because they contain higher concentrations of anti-oxidants and other beneficial properties than oil grown elsewhere due to the special climate, soil and traditional farming methods of the Mediterranean.

COSMETIC USE

Pomegranate seed oil is commonly used in cosmetic products to revitalize dull or mature skin, assist with wrinkles, and to soothe minor skin irritations. Without moisture, wrinkles become more abundant and pronounced, the skin looks tight and lacks luster. Pomegranate seed oil adds moisture, has natural estrogenic properties, anti-oxidants, is anti-inflammatory, anti-microbial, improves skin elasticity and protects the skin. It provides relief from minor skin irritations and inflammation, including dry skin, eczema, psoriasis and sunburned skin. The conjugated fatty acids give it strong anti-inflammatory properties, which help to reduce swelling and ease muscular aches and pains. Several recent studies, including one conducted by the University of Michigan Medical School (published in the February 2006 Journal of Ethno pharmacology), have shown that pomegranate seed oil stimulates keratinocyte proliferation, promoting regeneration and strengthening of the epidermis. This study compliments other recent studies, which have also shown the beneficial results of using pomegranate seed oil.

MEDICAL USE

Pomegranate seed oil is one of the only plant sources of conjugated fatty acids and it contains an abundant amount of punicic acid, a compound closely related to conjugated linoleic acid (CLA). The punicic acid found in pomegranate seed oil has been called a "super CLA" whose effect is even more potent than ordinary CLA. Scientific studies have indicated that it may support the immune system, and help the body fight against human cancers, obesity, diabetes and heart disease.

Pomegranate seed oil also contains phytoestrogens, similar to the estrogens naturally produced by the human body. Many women have found that using pomegranate seed oil has helped to ease symptoms associated with menopause and perimenopause, such as mood swings, hot flashes, night sweats, vaginal dryness and diminished libido. To relieve the symptoms of menopause, pomegranate seed oil can be used topically as a skin moisturizer, orally as a dietary supplement, as massage oil or as a personal lubricant.

USAGE INSTRUCTIONS

Pomegranate seed oil may be used within most skin care formulas, including soap making, massage oils, facial care products, and other body care and cosmetic products. Only a small amount is needed within formulas to achieve beneficial results.